

This ceremony can be geared to your own needs. I am bringing forth all aspects in detail from creating the Medicine Wheel energies, placing the ascension columns, linking the directions and the grids, with stating the 22 Rays of God. Adapt it to your own design and utilize any other aspects that you like to utilize in your own work. This is considered a template for Grid work and by no means needs to be adhered to exactly as I share with you. There will be a few exceptions in which I will state areas that need to be kept in the order I share them. Enjoy and embrace being a ceremonial master for the New Earth.

The information has been compiled over a 20 year period with the assistance of the Rainbow Tribe of Sun Bear, several books which are credited on Page 6, and channeling information from Native American Elders and the Spiritual Hierarchy.

When sharing with others, please refer to Divine Language Network, <http://lifestationearth.com>.

Love & Blessings,

Rev. Christine Meleriessee Heliohah

<b>TABLE OF CONTENTS</b>	<b>PAGE</b>
<b>ITEMS TO BRING WITH YOU</b>	<b>2</b>
<b>INTENTION</b>	<b>2</b>
<b>SETTING UP</b>	<b>2</b>
<b>CREATING THE CIRCLE</b>	<b>3</b>
<b>SACREDNESS OF THE CIRCLE</b>	<b>3</b>
<b>BEGINNING PRAYERS</b>	<b>4</b>
<b>22 RAYS OF GOD</b>	<b>6</b>
<b>CLOSING THE ENERGIES</b>	<b>7</b>
<b>CREDITS</b>	<b>7</b>



**ITEMS TO BRING WITH YOU:**

- 5 Small Rose Quartz Crystals: Preferably in the raw cut and not polished. These will be buried in the ground for the ceremony. These should also be cleansed beforehand with the intention of putting them into the Earth to represent the Ascension columns going to the crystalline grid of Gaia. Also bring an instrument like a gardening tool to bury the crystals into the ground.
- Sage: To burn, use as an offering or utilize sage clearing spray; Note: "Sacred Space Spray" is excellent to use
- Tobacco or Corn Meal or both for offering
- Any sacred items that you would like to put in the middle of the circle such as crystals, special scarf or brightly colored material to reflect the Rays of God, any type of figurines or special meditative items, etc.
- Drum, rattles, or any noise makers
- Music if you would like
- Any other items that you would like to include in the ceremony

**INTENTION:**

Is this a ceremony to assist your own healing, for others, or just specifically for the Earth. You can combine them into one ceremony which is what I like to do. Put your intention out to the Universe before you decide to do the ceremony.

**PREPARATION:**

Cleanse your Being through the Platinum Net, saging, or whatever best suits your Spirit. This should be done before you arrive at your site to do the ceremony. You can do the Platinum Net and Golden Dome of Protection and set your intentions to the Universe, special guides, and teachers. I will offer in this workshop who I call upon and everyone is welcome to do the same.

**SETTING UP:**

To do a full medicine wheel you should have a large space that you can do the work. It is preferred that not too many distractions are around you, such as other people. I have found that individuals will come around as I am doing the wheel and sometimes, well, these individuals are very special guides coming to watch.. Put the items that you will be utilizing in the middle of the space. The first element you need to do is Sage yourself and then sage the items by picking them up and putting the smoke around the item. I utilize my "Sacred Space Clearing Spray" instead of the burning sage most of the times as if there is too much wind, it can be challenging to keep it lit.

The directions are marked with rocks, or twigs and sticks. These should be part of the earth where you are doing your circle. Five large items are designated for the Center, East, South, West, and North. Then you should have four more items for the Southeast, Southwest, Northwest, and Northeast directions. Look for items to fill in between each of the directions like, twigs, smaller rocks or stones, pine needles, etc. [Note if you choose not to do a full medicine wheel and just the major directions, which is also okay to do so. I am giving you the full and complete version.]



**CREATING THE CIRCLE:**

Take one of the larger rocks and designate it as the beginning point. The middle rock represents the Great White Spirit in Native terms, or the Creative Source of Oneness in Cosmic energies.



Count your paces from the rock towards the East – usually about 8-10 paces. Mark the East with a large rock.

Go back to the Center rock and count the same amount of paces to the South direction. Place the next rock in this space.

Continue this for the West and the South.

Go back to the East and count the paces from the East to the South. You want to have the same amount of paces between each direction. Try to make it in the shape of a wheel. Do this from the South to the West, then the West to the North, and the North to the East.

Now take the number of paces between the major directions and divide into half. Take one of the smaller rocks and mark the Southeast, then do the same between the South and the West for the Southwest, between the West and North for Northwest, and then between the North and East for Northeast.

Next step is to fill in the wheel between each of your rocks with smaller rocks, twigs, pine needles, or whatever you can find.

*Please Note: that if you only want to do the major directions, you can do so and eliminate filling in the other spaces. If I am alone and do not have extra time, I will do so although the full ceremony is more effective in my experience.*

Make sure all your items that you are going to be using are in the middle of the circle placed as an altar. You do not want to have to leave the circle in the middle of your ceremony. Keep any bags, elements that are not sacred outside of the circle.

Take your five (5) Rose Quartz Crystals and bury them in the ground as far as you can underneath the four major directions and the center point. Start with the Center, move to the East and then clockwise to the South, West, and North. Now you are ready to start creating the energies.

**SACREDNESS OF THE CIRCLE:**

You are now ready to bring forth the energies to make the circle sacred. Standing at the East on the outside of the rock, facing outwards, have tobacco, corn meal, dry sage, or herbs that you will drop in each of the directions.



**BEGINNING PRAYERS:**

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Standing in the East look out towards the Earth and Sky:

We call upon the Spirit Keeper of this land to ask their permission to create the Light Forces Upon this Land ~ We are here to assist in the Healing of the Earth.

As we connect with the Earth, the Fire, the Water, and the Air

We call upon Mother Earth, Father Sky, Grandmother Moon, Grandfather Sun

The Thunderbeings, the Cloud People, the Root Givers, the Stone People, the Winged Ones, the Finned Ones, the Creepy Crawlers, the Four-Leggeds, the Two-Leggeds and all beings of Creation.

We connect with the Planetary, Solar, Galactic, Universal, Multi-Universal and Cosmic Levels of the God Force, the 352 Levels of the Mahatma, the 3M's known as Lord Melchizedek, Lord Metatron, and the Mahatma, the 49<sup>th</sup> dimensions of reality, our Cosmic Great Central Sun as the Divine Mother and Father God, and the Creative Source of Oneness. We also call upon the Native American Elders and Ascended Masters of all levels of Creation, the Star Nations and Intergalactic Forces, the Angelic Hosts, and the entire Spiritual Hierarchy to assist us in this New Earth Grid Ceremony. [Include any specific names of guides or teachers you would like to include in the ceremony – I always include No Eyes, Great White Spirit, Geronimo, Rising Spirit, White Eagle, 13 Elders of the Councils from Northern CA, Sun Bear, all chiefs of the Light and all tribes to join us]

As we stand in each direction, we ask that an ascension column be built within the East, South, West and North. May the energies between each direction of the Southeast, Southwest, Northwest, and Northeast connect Grids of Light to the main directions. These grids of Light then will blend deep into the Core of the Earth for healing of Gaia in a 300-mile radius. The Rose Quartz crystals will hold these grids of Light and emanate deep down into the core of the Crystalline Grid of Mother Earth.

Once you have opened up the energies, state your name and make a prayer for your own healing, for others, and the Earth and Sky. When you are finished, take your offering to the Sky and the Earth and drop it onto the ground. If anyone else is with you, they will then do the same.

You are now ready to Create the Circle, Energize the Circle, and Make the Circle Sacred.

**Stand in the East:**

*I stand in the East which represents New Beginnings and the Mental Level represented by Archangel Uriel. I call upon the Eagle to show me to fly above my challenges and walk into my new reality. [Drop the offering]. The Ascension Column Grid of the East is now in place.*

**Move clockwise to the South:**

*I stand in the South which represents actualizing my Inner Child and learning to be in balance in my Emotional Level represented by Archangel Gabriel. I call upon the Coyote to help me laugh at my mistakes and see that life is not meant to be too serious. [Drop your offering]. The Ascension Column Grid of the South is now in place*



**Move clockwise to the West:**

*I stand in the West which represents my Visions and Dreams and is represented by the Physical Level by Archangel Raphael. I call upon the Bear to help me remember my dreams and bring them to fruition. [Drop your offering] The Ascension Column Grid of the West is now in place*

**Move clockwise to the North:**

*I stand in the North which represents my Prayers and Abundance and is represented by Archangel Michael in the Spiritual Level. I call upon the White Buffalo and White Buffalo Calf Woman to assist me to realize my manifestations of abundance within my current situation [Drop your offering] The Ascension Column Grid of the North is now in place.*

**Move back to the East** - Now it is time to make another pass around the Circle in a clockwise manner dropping your offering stating: *"I now Energize this Circle"*. When you return to the East again, state *"I now make this Circle Sacred"* and walk around the circle one more time.

Standing at the East it is now time to open up the doorway into the East. With your right foot, tap three times to open up an entrance into the middle of the wheel. Walk into the inside of the wheel. Anyone else joining you will now just walk in through the Eastern doorway. The last person will turn around and close the doorway by tapping their right foot three times. All participants will walk around the circle in a clockwise manner, ONLY, and find a spot to sit. Try to remember what each of the directions mean and where you may want to sit. Possibly it could be in between two directions, like the Southeast which would represent New Beginnings and Playfulness or Emotional Stability. Once everyone has found their place within the circle, then it is time to fully start the energies.

**Stating the 22 Rays of God:**

Suggestion that when you state the Rays of God you include them into your own Being at the same time.

Once you have energized the circle with all of the prayers, do whatever you feel is the right thing. You might want to say prayers for yourself, sharing with others, doing some drumming and chanting, possibly just being silent and receive messages or channel.. Whatever your heart desires, there is no set way of doing so.



**22 RAYS OF GOD**

We now would like to bring forth the 22 Rays of God to be within the Center of our Medicine Wheel representing the Great White Spirit or the Creative Source of Oneness and filter outwards into each ascension column and into each person participating in this ceremony. Each of the rays represent a chakra of each person and with the earth. We ask that these rays are imbued into the areas of both personally and globally.

1. The Ray of Personal Power and Will in the color of Blue within the Throat Chakra.
2. Ray of Love and Wisdom in the color of Golden Yellow into the Crown.
3. Ray of Creative Intelligence and Physical Action in the color of Bright Pink into the Heart.
4. Ray of Harmony and Beauty in the color of White mixed with Crystalline and speckles of Green into the Root.
5. Ray of Science and Knowledge in the color of Green, Gold, mixed with White Light into the Third Eye.
6. Ray of Devotion and Spirituality in the color of Cherry Red into the Solar Plexus.
7. Ray of Transmutation and Ceremonial magic in the color of Deep Purple into the Sacral.
8. Ray of Higher Cleansing representing the Seat of the Soul in the color of Sea Foam Green into the Thymus.
9. Ray of Joy and Attracting the Body of Light in the color of Blue-Green into the Root area.
10. Ray of Anchoring the Body of Light and Soul Merge in the color of Pearlescent into the Sacral area.
11. Ray of the Bridge to the New Age in the color of Pink-Orange into the Solar Plexus area.
12. Ray of Anchoring the Christ Consciousness in the color of Gold into the Heart Center.
13. Ray of Manifesting Vibratory Communication in the color of Violet Pink in the Throat area.
14. Ray of Allowing the Mental Mind to Surrender and Accessing the Divine Plan in the color of Deep Blue Violet into the Third Eye.
15. Ray of the Doorway to Ascension in the color of Light Golden White into the Crown area.
16. Ray of Ascension Becoming One Universal Being in the color of Light Violet White into the Crown.
17. Ray of Universal Light in the color of Multi-White within the Root area.
18. Ray of 5<sup>th</sup> Dimensional Divine Intent in the color of Pink-Gold in the Sacral area.
19. Ray of Universal Energy in the color of Magenta blending into the Solar Plexus and Heart areas as one unified chakra.
20. Ray of Just Being in the color of Violet Gold and blending into the Throat area.
21. Ray of Divine Structure in the color of Blue Gold within the Third Eye
22. Ray of the Source of Oneness and the Godhead Connection in the color of platinum within the Crown.



We now ask that each of these Rays blend within each other into the Ascension Columns, within our Beings, within the medicine wheel, and the energies of Gaia to each of us to be fully realized and prepare us for Ascension. We additionally ask that these frequencies assist Gaia in her transformation and help to heal the areas of the Earth that want the healing and to remove any debris or unwanted energies and turn it into the pure essence that we are ~ we come together in Oneness in this very moment and never to be separated again.

So Mote It Be ~ It is Done

**CLOSING THE ENERGIES**

When you are ready, state to the Beings your gratitude for the energies and healing to yourself, others and Mother Earth. Arise and move CLOCKWISE again towards the East. If you are sitting in the South, do not go towards your left ~ always to the Right. The first person will open up the doorway with three taps of the foot and then cross over the rock in the East. Everyone will follow suit. The last person will turn around on the outside of the circle, and close the energies with their right foot, three taps once again. You, as the facilitator, will now put your arms up. Thank the energies of Mother Earth, Father Sky, Grandmother Sun, Grandmother Moon and all the Beings of the Earth and Sky Nations for their assistance.

“Please take the ascension columns down into the core of the Earth and may the Rose Quartz crystals hold these energies within their sacred space to heal the land for a 300-mile radius and beyond. I now ask that this medicine wheel be open for anyone to come into when it is their choosing and receive the healing that we imparted today. A-HO”

You can then go back in the circle and clean up your items.

Congratulations on Creating Your First “Medicine Wheel-Earth Grid Ceremony”

It has been my pleasure to share with you these energies that I have been doing for many years but now with an added specialty of the Rose Quartz crystals.

Lady Meleriessee

**CREDITS:**

*Medicine Wheel Formulation:*

*Sun Bear Tribe Teachings*

*Shamanic Healing within the Medicine Wheel By Marie-Lu Lorler*

*Information about Directions: Medicine Cards, Jamie Sams & David Carson*

*Ascension Information, Dr. Joshua David Stone*

*Formulation & Creating the Ceremonies: channeled information through No Eyes, and the God Force*

